



## Padmaja Yatham, MD

Interventional Pain Management & Addiction Therapy

- 7000 SW 97<sup>th</sup> Ave, Suite 214, Miami, FL 33173
- 14601 SW 29<sup>th</sup> ST, STE 103, Miramar, FL 33027

Tel: 786-780-1800, Fax: 786-780-2500

[www.ApolloPainCare.com](http://www.ApolloPainCare.com)

### Welcome To Apollo Pain Care

Your appointment is on \_\_\_/\_\_\_/\_\_\_, at \_\_\_\_\_ AM / PM for Pain Management Consultation / Injections / EMC from your Therapy Center.

**Please be sure to bring all the available items as listed below for your appointment.**

1. Films: MRI, CT scan Films must be current. Have your referring doctor or PCP send all medical records to via **fax at 786-780-2500 or email: Fax@ApolloPainCare.com**
2. Driver's License or Valid Government Photo ID and Your Health Insurance card
3. Please complete all the sections of the Patient information and Medical History forms enclosed in the packet prior to arriving for your appointment to speed up your registration and consultation

#### Directions to our Sunset/Kendall Office in **Miami**:

##### **Sunset Int'l Center Building**

7000 SW 97<sup>th</sup> Ave #214, Miami, FL 33173

- It's at the intersection with SW 97<sup>th</sup> Ave and Sunset Dr
- Behind CVS Pharmacy, Opposite the 7-11 Store
- Use Free Valet Service, if needed for parking



#### Directions to our **Miramar** Office

##### **Palm Gardens at Miramar Building**

14601 SW 29<sup>th</sup> St (Hotel Rd), Ste 103

Miramar, FL 33027

- Go East on Miramar Parkway from I-75
- North / left at SW 148<sup>th</sup> Ave at Chevron Gas
- Right on SW 29<sup>th</sup> St (Hotel Rd)
- We are next to Public Storage Building



Visit our website at [www.ApolloPainCare.Com](http://www.ApolloPainCare.Com) to know about our providers and services. We have video animations of some of the services we provide.



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### Patient Information - Demographics

PATIENT INFORMATION						
Today's Date / /		Name (Last)		First	M.I.	Gender M / F
SSN		Date of Birth / /	Age ____ years	Marital Status: S / M / W / Divorced/Separated/Partnered		Height: Ft/In Weight: Lb
Address City, State, ZIP				Preferred Contact: E-mail / Cell / Home / Work		
Email:		Cell Tel:		Home:		Work:
Emergency Contact		Name			Relationship to Patient	
		Number				
<b>Race:</b> <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> African American or Black <input type="checkbox"/> Asian <input type="checkbox"/> Caucasian or White <input type="checkbox"/> Native Hawaiian / Other Pacific Islander <input type="checkbox"/> Other Race			<b>Ethnicity:</b> <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic <input type="checkbox"/> Other		<b>Smoker:</b> <input type="checkbox"/> Current Every day <input type="checkbox"/> Current Some days <input type="checkbox"/> Former Smoker <input type="checkbox"/> Never Smoked	
					<b>Preferred Language:</b> <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other	
<b>Work Status:</b> If employed, Employer's Name, required: Job Title:                      Duties:			<input type="checkbox"/> Unemployed <input type="checkbox"/> Student <input type="checkbox"/> Retired		<input type="checkbox"/> Worker's Comp <input type="checkbox"/> Disability	
REFERRAL INFORMATION / TREATING PHYSICIAN INFORMATION						
Primary Care Physician:					Phone	
Who Referred You?					Phone	
Current Treating Physician(s)					Phone	
Are you currently being treated by another Pain Management Doctor: Yes / No, Details:						
PHARMACY INFORMATION						
Pharmacy Name/City					Phone	
<b>**We do not accept MEDICAID and its products as Primary or Secondary Insurance **</b>						
PRIMARY HEALTH INSURANCE INFORMATION (Please Provide this, even if your visit is injury related)						
Insurance Name		Policy Number		Group Number		
Claims Address City, State, ZIP		Phone Number				
Primary Subscriber, if different		Date of Birth		Relation to patient		
SECONDARY HEALTH INSURANCE INFORMATION (Please Provide this, even if your visit is injury related)						
Insurance Name:		Policy Number		Group Number		
Claims Address City, State, ZIP		Phone Number				
Primary Subscriber, if different		Date of Birth		Relation to patient		
Are you involved in any <b>pending litigation</b> , related to any type of <b>injury</b> / treatment by <b>another provider</b> ?		YES / NO		Explain		
AUTO, WORKER'S COMP PATIENTS, SLIP AND FALL						
Circle where you were injured Auto / Work / Slip and Fall / Others		Date of Injury		Details:		
Represented by Attorney? Attorney's Name and Phone #		Adjuster Name and Phone # Case Manager's Name and Phone #				

## Patient Information – History & Physical

<b>PAIN HISTORY:</b>		
What is your chief complaint?		
<input type="checkbox"/> Neck Pain <input type="checkbox"/> Upper Back Pain <input type="checkbox"/> Lower Back Pain <input type="checkbox"/> <b>Other:</b> _____	<input type="checkbox"/> Right Leg Pain <input type="checkbox"/> Left Leg Pain <input type="checkbox"/> Pain in Both Legs	<input type="checkbox"/> Right Arm Pain <input type="checkbox"/> Left Arm Pain <input type="checkbox"/> Pain in Both Arms
What aggravates the pain?		
<input type="checkbox"/> Walking <input type="checkbox"/> Standing	<input type="checkbox"/> Lying Down <input type="checkbox"/> Activity in general	<input type="checkbox"/> Nothing in particular <input type="checkbox"/> <b>Other:</b> _____
What decreases the pain?		
<input type="checkbox"/> Walking <input type="checkbox"/> Standing	<input type="checkbox"/> Lying Down <input type="checkbox"/> Activity in general	<input type="checkbox"/> Nothing in particular <input type="checkbox"/> <b>Other:</b> _____
What time of day is the pain worst? _____		
Rate your worst pain 1-10 _____		
What time of day is the pain least severe? _____		
Rate your least pain 1-10 _____		

<b>MEDICAL HISTORY / REVIEW OF SYSTEMS: Check ( ✓ ) symptom you currently have or have had in the past year:</b>			
<b>GENERAL</b> <input type="checkbox"/> AIDS/HIV <input type="checkbox"/> Cancer, Type _____ <input type="checkbox"/> Chills <input type="checkbox"/> Diabetes, Insulin Dependent <input type="checkbox"/> Diabetes, Non- Insulin <input type="checkbox"/> Dizziness <input type="checkbox"/> Fainting <input type="checkbox"/> Fever <input type="checkbox"/> Headaches <input type="checkbox"/> Hepatitis <input type="checkbox"/> Loss of Sleep <input type="checkbox"/> Kidney Disease, Type _____ <input type="checkbox"/> Thyroid Disease, Type _____ <input type="checkbox"/> Ulcers, Type _____ <input type="checkbox"/> Weight Gain <input type="checkbox"/> Weight Loss	<b>CARDIOVASCULAR</b> <input type="checkbox"/> Chest Pain <input type="checkbox"/> Congestive Heart Failure <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> High Cholesterol <input type="checkbox"/> Irregular Heart Beat <input type="checkbox"/> Low Blood Pressure <input type="checkbox"/> Heart Murmur <input type="checkbox"/> Heart Attack  <b>GENITO-URINARY</b> <input type="checkbox"/> Frequent Urination <input type="checkbox"/> Loss of Bladder Control (Incontinence) <input type="checkbox"/> Painful Urination	<b>EYE, EAR, NOSE, THROAT</b> <input type="checkbox"/> Blurred Vision <input type="checkbox"/> Difficulty Swallowing <input type="checkbox"/> Double Vision <input type="checkbox"/> Earache <input type="checkbox"/> Hoarseness <input type="checkbox"/> Loss of Hearing <input type="checkbox"/> Ringing in Ear <input type="checkbox"/> Visual Loss <input type="checkbox"/> Glaucoma <input type="checkbox"/> Cataracts  <b>MUSCULOSKELETAL</b> <input type="checkbox"/> Joint Swelling <input type="checkbox"/> Joint Popping <input type="checkbox"/> Joint Stiffness <input type="checkbox"/> Arthritis Type ____	<b>GASTROINTESTINAL</b> <input type="checkbox"/> Acid Reflux <input type="checkbox"/> Bowel Changes Type _____ <input type="checkbox"/> Heart Burn <input type="checkbox"/> Indigestion <input type="checkbox"/> Nausea <input type="checkbox"/> Rectal Bleeding <input type="checkbox"/> Stomach Pain <input type="checkbox"/> Vomiting <input type="checkbox"/> Loss of Bowel Control (Incontinence)  <b>NEUROLOGICAL</b> <input type="checkbox"/> Epilepsy <input type="checkbox"/> Nervousness <input type="checkbox"/> Numbness <input type="checkbox"/> Seizures <input type="checkbox"/> Stroke <input type="checkbox"/> Tremors
<b>PSYCHIATRIC</b> <input type="checkbox"/> Anxiety <input type="checkbox"/> Bi-polar <input type="checkbox"/> Depression <input type="checkbox"/> Suicide Attempt <input type="checkbox"/> Other _____	<b>RESPIRATORY</b> <input type="checkbox"/> Asthma <input type="checkbox"/> Bronchitis <input type="checkbox"/> Chest Pain <input type="checkbox"/> Emphysema <input type="checkbox"/> Lung Disease <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Wheezing	<b>SKIN</b> <input type="checkbox"/> Dermatological Conditions <input type="checkbox"/> Itching <input type="checkbox"/> Rashes <input type="checkbox"/> Scars	Are you pregnant Yes / No / Not Sure  No of Children: _____

SURGICAL HISTORY:	
Type of Surgery	Date
Do you have <b>needle phobia</b> ?	Yes / No

SOCIAL HISTORY:				
Do you consume any of the following :				
Cigarettes	Yes	No	How much per day/week?	# of years?
Alcohol	Yes	No	How much per day/week?	# of years?
Caffeine	Yes	No	How much per day/week?	# of years?
Illegal Drugs	Yes	No	How much per day/week?	# of years?
Narcotics	Yes	No	How much per day/week?	# of years?

FAMILY HISTORY:				
	Age	Health Condition	If applicable, age at time of death      cause of death	
Father				
Mother				
Brother				
Sister				

CURRENT MEDICATIONS:				
Medication Name	Strength	Times a day	Status	Comments
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
			Current / Discontinued	
Are you currently receiving <b>narcotics</b> from any other physicians? Yes / No				
Name of the <b>doctors / medications</b> :				
Have you taken any <b>Pain Medications</b> in the past? Yes / No, If yes, please explain				
Are you currently taking <b>antibiotics</b> ?			Yes / No	
Are you currently taking <b>Blood thinners</b> like <b>Aspirin, Coumadin, or Plavix</b> ?			Yes / No	

ALLERGIES:	
Any Known Allergies in Food:	Yes /No, If Yes, Type of reaction:
Any Known Allergies in Medications:	Yes /No, If Yes, Circle below
Iodine, Latex, Cortisones, IV Contrast, Lidocaine, or any other:	

<b>CURRENT / PREVIOUS TREATMENT:</b>				
<input type="checkbox"/> <b>Yes (please complete below)</b>		<input type="checkbox"/> <b>No Current Treatment</b>		
<b>Type</b>	<b>Being Treated</b>	<b>For How Long?</b>	<b>Helped?</b>	<b>If not treated, would you need information from your Doctor?</b>
Back Brace	Yes / No		Yes / No	Yes / No
Knee/Wrist or Other Brace	Yes / No		Yes / No	Yes / No
Joint Injections (Shoulder / Knee / Ankle)	Yes / No		Yes / No	Yes / No
Nerve Blocks	Yes / No		Yes / No	Yes / No
Spinal Injections	Yes / No		Yes / No	Yes / No
Trigger Point Injections	Yes / No		Yes / No	Yes / No
Acupuncture	Yes / No		Yes / No	Yes / No
Iontophoresis Patch	Yes / No		Yes / No	Yes / No
				<b>Comments</b>
Active Exercise	Yes / No		Yes / No	
Biofeedback	Yes / No		Yes / No	
Chiropractor	Yes / No		Yes / No	
Ice / Heat	Yes/No		Yes/No	
Massage Therapy	Yes/No		Yes/No	
Physical Therapy	Yes / No		Yes / No	
Occupational Therapy	Yes / No		Yes / No	
Holistic or Alternative Treatments	Yes / No		Yes / No	
Hypnosis	Yes / No		Yes / No	
Osteopathic	Yes / No		Yes / No	
Traction	Yes / No		Yes / No	
TENS / Electrical Simulation	Yes / No		Yes / No	
Counseling	Yes / No		Yes / No	

<b>INVESTIGATIONS:</b>				
<b>Test</b>	<b>Done</b>	<b>If yes Name of Facility</b>	<b>Date</b>	<b>Body Part(s) / Results</b>
X-ray	Yes / No			
CT scan	Yes / No			
MRI	Yes / No			
Other Tests	Yes / No			
NCV / EMG	Yes			
	No	If no, do you have radiating pain, Tingling, Numbness, Muscle weakness in legs/arms/joints <b>Yes / No</b>		

<b>Demographics and H &amp; P Forms Scanned by:</b>	
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# PAIN DIAGRAM

Apollo Pain Care

Patient: \_\_\_\_\_ Exam Room #: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Blood pressure: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

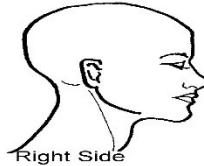
Type of Visit: INITIAL VISIT / FOLLOW UP / PROCEDURE / NCV-EMG Allergies: \_\_\_\_\_

## **PAIN SCALE (PLEASE CIRCLE ONE)**

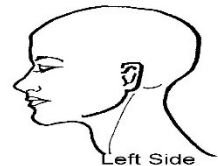
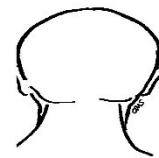
1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

**Mark the appropriate letters below or shade your areas of pain**

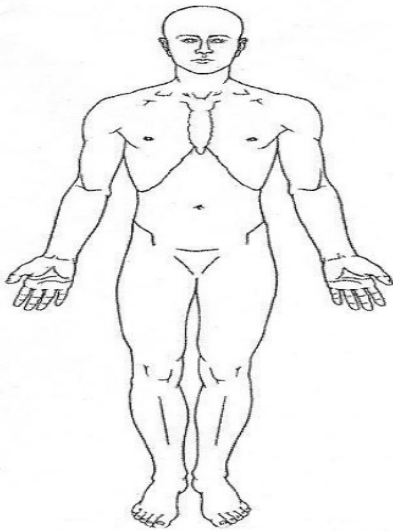
**T= TINGLING**    **B= BURNING**  
**P= PAIN**        **N= NUMBNESS**



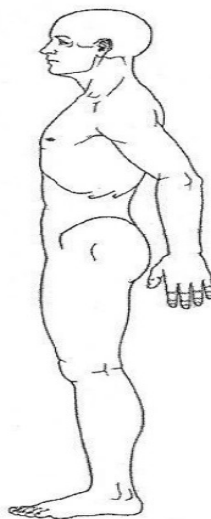
Right Side



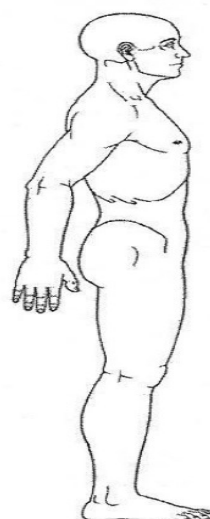
Left Side



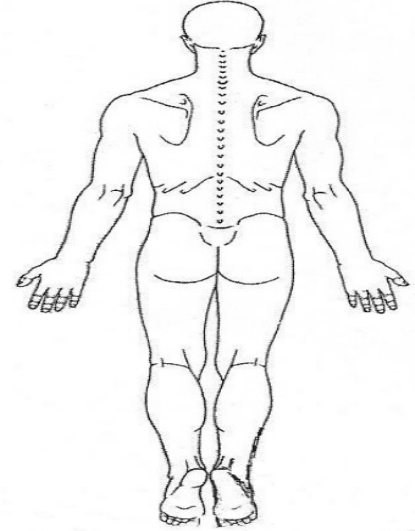
**FRONT**



**LEFT**



**RIGHT**



**BACK**

Have you for any reason attended the **ER** or any other medical facility in the past two weeks? **YES / NO**

Have you recently had any conservative treatment (Physical Therapy/Chiropractic) ? **YES / NO**

**If YES:** Type and date of last treatment: \_\_\_\_\_

Are you being referred to us for treatment related to any accident or any kind of litigation? **YES / NO**

**If YES,** circle one:        **AUTO**        /        **WORK COMP**        /        **SLIP&FALL**        /        **LITIGATION**

Are you currently taking: Antibiotics OR Blood Thinners like Aspirin / Coumadin / Plavix? **YES / NO**

Are you **DIABETIC**? **YES / NO**

Do you have needle **PHOBIA**? **YES / NO**

Female patients: Are you currently pregnant? **YES / NO**

Are you currently breast feeding? **YES / NO**

Any comments / concerns / any changes to your health conditions / any kind of injuries / Have you been asked by your doctor (or taken) any MRIs/CT/X-Rays/NCV-EMGs since your last visit? **YES / NO**

**If YES,** Please Specify: \_\_\_\_\_



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**Acknowledgement of Privacy Practices**

I hereby acknowledge that I have received a copy of Apollo Pain Care, LLC Notice of Privacy Practices as required by federal law.

\_\_\_\_\_  
Date Patient Name Patient Signature

Reason Patient / Personal Representative failed to sign:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Staff Signature

**Patient Consent for use and disclosure of Protected Health Information**

Patient Name: \_\_\_\_\_ Date of Consent: \_\_\_\_\_

I authorize Apollo Pain Care to disclose protected health information to the following:

Name and relationship of person(s) authorized to receive information:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please circle one:**

I **do** **do not** authorize Apollo Pain Care to leave telephone messages regarding my protected health information on the voicemail or answering machine.

\_\_\_\_\_  
Date Patient Name Patient Signature

# Authorization for Release of Confidential Information

I, \_\_\_\_\_ hereby authorize \_\_\_\_\_ to release medical, diagnostic, psychiatric, drug and/or alcohol abuse or HIV testing and AIDS information in my medical records to:

## **Apollo Pain Care**

- ☐ 7000 SW 97th Ave, Suite 214, Miami, FL 33173
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- Tel: 786-780-1800, Fax: 786-780-2500

For the purpose of medical care.

I understand that this consent is revocable upon written notice to \_\_\_\_\_, except to the extent that action by \_\_\_\_\_ has been taken in reliance of this authorization and that this authorization shall remain in force for a reasonable time order to effect the purpose which it is given.

Alcohol abuse information, if present has been disclosed from records whose confidentiality is protected by Federal Law. Federal Regulation (42 CFR Part 2) prohibit making any further of it without the specific written consent of the undersigned, or as otherwise permitted by such regulations. HIV testing and/or AIDS related diagnosis is prohibited from further disclosure by State Regulations without consent from the patient.

\_\_\_\_\_  
Patient Signature in full

\_\_\_\_\_  
Date of Authorization

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Parent, Legal Guardian or Authorized Representative

\_\_\_\_\_  
Social Security Number

\_\_\_\_\_  
Witness

**\*\*\*Patient may delete any of the categories above by marking through**

Office Use Only

\_\_\_\_\_  
Specific records Released

\_\_\_\_\_  
Date of Release

\_\_\_\_\_  
Released by





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### **Financial Policy**

This is an agreement between Apollo Pain Care, LLC, as creditor, and the Patient/Debtor named on this form.

By executing this agreement, you are agreeing to pay for all services that are received. Payment is expected at the time services are rendered. We accept cash, personal check, money orders cashier's check, Visa and Master Card. We collect copay, coinsurance and any deductible at the time services are rendered.

#### **Insurance:**

Insurance is a contract between you and your insurance company. We will file insurance claims **only** for plans with whom we have a contract with. We participate in some managed care plans. In order to file your claims, we require a legible copy of the front & back of the insurance card, photo ID, social security number and verification of benefits by your insurance company prior to visits. It is the responsibility of the insured/patient to supply current and accurate information for claims submissions. All copay, coinsurance and deductibles are due at the time services are rendered.

If you are covered by a plan that we are not participating providers for, payment is expected when services are rendered. We will provide you with an itemized receipt for you to file your insurance. Your insurance company will be responsible for reimbursing you for any coverage you may have.

**Collection fee:** A fee totaling 30% of the balance due will be added to your account if we have to send your account to a collection agency. You give us permission to check your credit and employment history and to answer questions about your credit experience with us. We have the option to report your account to any credit reporting agency such as a credit bureau.

**Waiver of confidentiality:** You understand if this account is submitted to an attorney or collection agency, if we have to litigate in court, or if you're past due status is reported to a credit reporting agency, the fact that you received treatment at our office may become a matter of public record.

**Returned checks:** There is a fee currently of \$25.00 for any checks returned by the bank. Payment made on a returned check must be made in cash or by a money order.

**Copying of records:** You will need to request in writing, and pay a reasonable copying fee (\$1/page for the first 25 pages and 25 cents for every page thereafter) if you want to have copies of your records sent to another doctor or organization. You authorize us to include all relevant information, including your payment history. If you are requesting your records to be transferred from another doctor or organization to us, you authorize us to receive all relevant information, including your payment history.

**Effective date:** Once you have signed this agreement, you agree to all of the terms and conditions contained herein and the agreement will be in full force and effect.

**My signature below certifies that I have read (or the form has been read to me) and I understand the contents on this form.**

**Patient's name:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Responsible party (if not the patient):** \_\_\_\_\_



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### **OFFICE POLICIES REGARDING OPIOID PRESCRIPTIONS**

As a Pain Management Specialist, I am well aware of the rules and regulations governing the use of opioid (narcotic) medications. I am also aware of the potential abuse of this type of treatment. For this reason, many physicians avoid prescribing opioid medications for the treatment of pain. However, due to the benefits I have seen in patients who are treated with opioids for their chronic pain, I may utilize this class of medication as part of your overall treatment plan.

You are here so that I can help you get your pain under control. It is unrealistic to think that I can “cure” your pain or make you pain free. My goal is to provide you with the highest quality of medical care and help you return to an active lifestyle as quickly as possible. This is why this specialized treatment is referred to as “Pain Management”.

There has been much media attention lately regarding the use of opioid medications. While most patients are sincere and have legitimate findings that cause their acute or chronic pain, there are those people that exaggerate their symptoms in order to obtain medications for non-medical use. I can assure you that in our practice we are extremely careful about documenting and keeping track of all of our prescriptions. If we feel there is a problem developing, it will be discussed with you immediately.

Our patients depend on us for their chronic pain management. Our policies and procedures regarding opioid medication abuse are fair and also strict.

- Early releases of medications for vacations may be given at our discretion. A visual pill count may be performed to verify that you have been using your medications on schedule.
- Please be advised that we do not accept police reports for stolen medications. Your medications are your responsibility and they should be kept in a secured location. If your medications are lost or stolen, please contact the office immediately.
- Failure to provide a urine specimen when asked may result in the discontinuation of opioid medications and possible discharge from the practice.
- On-call physicians will not address opioid medication changes or routine refills. These requests need to be addressed during office hours when we have access to your chart.

I am hopeful that you will understand the reasons for our concern. If you need a medication change or a dosage increase, we will be happy to discuss this with you during office hours, but you absolutely cannot increase or change the dosage on your own without our approval. The only thing I ask of you as a patient is that you let us be the one to manage your medications. I promise you that I will do my best to help decrease your pain, improve your quality of life and help you live a more functional and active lifestyle. The best reward I get is when a patient comes in for a follow up visit and thanks me for the relief they received from the treatments or medications we are providing.

I look forward to working with you.

Padmaja Yatham, MD

## **INFORMED CONSENT FOR USE OF OPIOID (NARCOTIC) MEDICATIONS FOR PAIN CONTROL**

1. The use of medication is not to completely eliminate pain, rather the medication is used to help decrease pain and increase level of activity.
2. Medication will be prescribed by a single physician. This physician will be the one in control of dosage. Obtaining pain medications from another doctor and "doctor shopping" is unacceptable.
3. The individual must report significant side effects to the doctor. For example, over-sedation, nausea, vomiting, or "high" feelings should be reported.
4. It is clearly understood that the use of this medication may result in physical dependence. Physical dependence is not a dangerous problem, as long as the individual avoids abrupt discontinuation of the drug. Medication can be safely discontinued after a period of slow tapering.
5. Psychological addiction can also occur, but this is infrequent in patients who have been diagnosed with an organic problem causing chronic pain. Psychological addiction is recognized when the individual abuses the drug to obtain a high (euphoria), when the patient shows drug-craving behavior, or "doctor shopping", when the drug is quickly escalated without correlation with pain relief, and when the patient shows a manipulative attitude toward the physician in order to obtain the drug. If the individual exhibits such behavior, the drug will be tapered and such a patient is not a candidate for continued opioid use.
6. Tolerance is a condition which can occur with the use of opioid medications. It is defined as a need for a higher opioid dose to maintain the same pain control. This condition may be controlled by switching to a different opioid or adding a second different drug to the opioid medication. If tolerance to opioids becomes unmanageable, the opioid will be tapered and discontinued.
7. If the individual develops drowsiness, sedation or dizziness, he or she may not drive motor vehicles or operate machinery that can jeopardize, his/her or other individuals' lives.
8. Once the maintenance opioid dose has been achieved, the individual will be given a supply according to a schedule as determined by the physician.
9. The individual should not stop taking the opioid medication abruptly. If this happens, withdrawal symptoms usually occur 24 to 48 hours after the last dose. The individual may begin to experience yawning, sweating, watery eyes, runny nose, anxiety, tremors, aching muscles, hot or cold flashes (goose bumps), abdominal cramps or diarrhea. The withdrawal symptoms are usually self-limited, but could be dangerous. Withdrawal may last for several days. In order to avoid withdrawal, the patient should contact the office several days prior to needing a new prescription.
10. The individual should not take other drugs such as tranquilizers or sedatives without first consulting the physician. The individual may not use alcohol. A combination of the opioids with these drugs or alcohol may produce profound sedation, respiratory depression, and blood pressure drop.
11. Female patients should notify the physician if they are pregnant or at possible risk to become pregnant. It should also be known that children born when the mother is on opioid maintenance therapy, will likely be physically dependent at birth.
12. If there is any evidence of drug hoarding, acquisition of drugs from other physicians, or uncontrolled dose increase, the opioids will be tapered and discontinued.
13. By signing this agreement, I authorize Padmaja Yatham, M.D. and her clinical staff to perform urine drug testing at their discretion.
14. I also authorize Padmaja Yatham, M.D. and her clinical staff to contact other providers and/or pharmacies for information about past or current treatment and medications.

Noncompliance with any of the above may result in discharge from this practice.

I have received, read and understand the consent regarding the use of opioids.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Printed name of patient

\_\_\_\_\_  
Signature of Witness

*Opioid Consent*

\_\_\_\_\_  
Printed name of witness

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*Revised on 04/25/2019*

# Apollo Pain Care Privacy Practice

**This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.**

This Notice of Privacy Practices describes how we may use and disclose your protected health information to carry out treatment, payment or health care operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

We are required to abide by the terms of this Notice of Privacy Practices and **we will not use or disclose your protected health information without your authorization unless it has been included in this Notice of Privacy Practices.** We may change the terms of our notice, at any time. The new notice will be effective for all protected health information that we maintain at that time. Upon your request, we will provide you with any revised Notice of Privacy Practices by calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.

## **1. Permitted Uses and Disclosures of Protected Health Information**

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you. Your protected health information may also be used and disclosed to pay your health care bills and to support the operation of the physician's practice.

Following are examples of the types of uses and disclosures of your protected health care information that the physician's office is permitted to make. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected information, as necessary, to a home health agency that provides care to you. We will also disclose protected health information to other physicians who may be treating you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you. In addition, we may disclose your protected health information from time-to-time to another physician or health care provider (e.g., a specialist or laboratory) who, at the request of your physician, becomes involved in your care by providing assistance with your health care diagnosis or treatment to your physician.

**Payment:** With your consent, your protected health information will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you such as: making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity, and undertaking utilization review activities. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing and conducting or arranging for other business activities.

For example, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We will share your protected health information with third party "business associates" that perform various activities (e.g., billing, transcription services) for the practice. Whenever an arrangement between our office and a business associate involves the use or disclosure of your protected health information,

we will have a written contract that contains terms that will protect the privacy of your protected health information.

We may use or disclose your protected health information, as necessary, to provide you with information about treatment alternatives or other health-related benefits and services that may be of interest to you. For example, your name and address may be used to send you a newsletter about our practice and health and wellness information. You may contact our Privacy Contact to request that these materials not be sent to you.

**Others Involved in Your Healthcare:** We may disclose your protected health information to your legal representative or other persons you consent to and identify in writing. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death. **We will not use or disclose your protected health information for marketing purposes, sell your protected health information, or, in most cases, use or disclose any psychotherapy notes without your authorization.**

## **2. Other Permitted and Required Uses and Disclosures That May Be Made Without your Consent or Authorization**

We may use or disclose your protected health information in the following situations without your consent or authorization. These situations include:

**Required By Law:** We may use or disclose your protected health information to the extent that the use or disclosure is required by law. The use or disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law. You will be notified, as required by law, of any such uses or disclosures.

**Public Health:** We may disclose your protected health information for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information. The disclosure will be made for the purpose of controlling disease, injury or disability. We may also disclose your protected health information, if directed by the public health authority, to a foreign government agency that is collaborating with the public health authority.

**Communicable Diseases:** We may disclose your protected health information, if authorized by law, to a person who may have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading the disease or condition.

**Health Oversight:** We may disclose protected health information to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information include government agencies that oversee the health care system, government benefit programs, other government regulatory programs and civil rights laws.

**Abuse or Neglect:** We may disclose your protected health information to a public health authority that is authorized by law to receive reports of child abuse or neglect. In addition, we may disclose your protected health information if we believe that you have been a victim of abuse, neglect or domestic violence to the governmental entity or agency authorized to receive such information. In this case, the disclosure will be made consistent with the requirements of applicable federal and state laws.

**Food and Drug Administration:** We may disclose your protected health information to a person or company required by the Food and Drug Administration to report adverse events, product defects or problems, biologic product deviations, track products; to enable product recalls; to make repairs or replacements, or to conduct post marketing surveillance, as required.

**Legal Proceedings:** We may also disclose protected health information in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized), in certain conditions in response to a subpoena, discovery request or other lawful process.

**Law Enforcement:** We may also disclose protected health information, so long as applicable legal requirements are met, for law enforcement purposes. These law enforcement purposes include (1) legal processes and otherwise required by law, (2) limited information requests for identification and location purposes, (3) pertaining to victims of a crime, (4) suspicion that death has occurred as a result of criminal conduct, (5) in the event that a crime occurs on the premises of the practice, and (6) medical emergency (not on the Practice's premises) and it is likely that a crime has occurred.

**Coroners, Funeral Directors, and Organ Donation:** We may disclose protected health information to a coroner or medical examiner for identification purposes, determining cause of death or for the coroner or medical examiner to perform other duties authorized by law. We may also disclose protected health information to a funeral director, as authorized by law, in order to permit the funeral director to carry out their duties. We may disclose such information in reasonable anticipation of death. Protected health information may be used and disclosed for cadaveric organ, eye or tissue donation purposes.

**Research:** We may disclose your protected health information to researchers when their research has been approved and the use or access to your protected health information has been determined to be necessary by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your protected health information.

**Criminal Activity:** Consistent with applicable federal and state laws, we may disclose your protected health information, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. We may also disclose protected health information if it is necessary for law enforcement authorities to identify or apprehend an individual.

**Military Activity and National Security:** When the appropriate conditions apply, we may use or disclose protected health information of individuals who are Armed Forces personnel (1) for activities deemed necessary by appropriate military command authorities; (2) for the purpose of a determination by the Department of Veterans Affairs of your eligibility for benefits, or (3) to foreign military authority if you are a member of that foreign military services. We may also disclose your protected health information to authorized federal officials for conducting national security and intelligence activities, including for the provision of protective services to the President or others legally authorized.

**Workers' Compensation:** We may disclose your protected health information as authorized to comply with workers' compensation laws and other similar legally established programs.

**Inmates:** We may use or disclose your protected health information if you are an inmate of a correctional facility and your physician created or received your protected health information in the course of providing care to you.

**Required Uses and Disclosures:** Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500 et. seq.

### **3. Uses and Disclosures of Protected Health Information Based upon Your Written Authorization**

Other uses and disclosures of your protected health information will be made only with your written authorization, unless otherwise permitted or required by law as described above. You may revoke this authorization, at any time, in writing, except to the extent that your physician or Lagos Pediatric Care has taken an action in reliance on the use or disclosure indicated in the authorization.

### **4. Your Rights**

Following is a statement of your rights with respect to your protected health information and a brief description of how you may exercise these rights.

**You have the right to inspect and copy your protected health information.** This means you may inspect and obtain a copy of protected health information about you that is contained in a designated record set for as long as we maintain the protected health information. A "designated record set" contains medical and billing records and any other records that your physician and Advance Interventional Pain Clinic use for making decision about you. If you request a copy of the information, we may charge a reasonable fee for the costs of copying, mailing, or other supplies associated with your request. Under federal law, however, you may not inspect or copy the following records: psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information. Depending on the circumstances, a decision to deny access may be reviewable. In some circumstances, you may have a right to have this decision reviewed. Please contact our Privacy Contact if you have questions about access to your medical record.

**You have the right to request a restriction of your protected health information.** This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply. Your physician is not required to agree to a restriction that you may request. If your physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. If your physician does not agree to the requested restriction, we may not use or disclose your protected health information in violation of that restriction unless it is needed to provide emergency treatment. With this in mind, please discuss any restriction you wish to request with your physician. You may request a restriction by submitting your request in writing to our Privacy Contact.

**You have the right to request that protected related to any service, treatment, or product you receive not be disclosed to your insurance provided that: (a) the disclosure is for payment or health care operations not required by law; and (b) you have paid for the service, treatment, or product in full. We will notify you in the event of a breach of your unsecured protected health information.**

**You have the right to request to receive confidential communications from us by alternative means or at an alternative location.** We will accommodate reasonable requests. We may also condition this accommodation by asking you for information as to how payment will be handled or specification of an alternative address or other method of contact. We will not request an explanation from you as to the basis for the request. Please make this request in writing to our Privacy Contact.

**You may have the right to have your physician amend your protected health information.** This means you may request an amendment of protected health information about you in a designated record set for as long as we maintain this information. In certain cases, we may deny your request for an amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal. Please contact our Privacy Contact to determine if you have questions about amending your medical record.

**You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.** This right applies to disclosures for purposes other than treatment, payment or healthcare operations as described in this Notice of Privacy Practices. It excludes disclosures we may have made to you. You have the right to receive specific information regarding these disclosures that occurred after March 01, 2016. You may request a shorter timeframe. The right to receive this information is subject to certain exceptions, restrictions and limitations.

**You have the right to obtain a paper copy of this notice from us.** You have the right to request a paper copy of this notice. No later than the date of the first service delivery on or after March 01, 2016, a copy of this notice shall be provided to you.

**You have the right to a copy of changes to this notice.** We reserve the right to change this notice and to make the revised or changed notice also effective for medical information we already have about you as well as any information we receive in the future. We will post a copy of the current notice at our office location in the front lobby reflecting its effective date.

### **5. Complaints**

You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint. You may contact our Privacy Contact (786) 780-1800 for further information about the complaint process.